

# Spa Space

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*Restore Your Grace  
At The Spa Space!*

## Spa News Flash #13 - October '09

### And Again Our Summer is Gone!

It definitely looks like it and feels like it. When the leaves turn gold and red, when the Inner Harbour is hiding in the milky fog, and the fields are covered with orange pumpkins we know that this is the time for our skin to rest and rejuvenate. In the next two months we suggest gentle chemical peels or more aggressive microdermabrasion. After which you would apply rejuvenating nourishing or moisturizing serum.

Start the season with new skin and try our new Rejuvenating Special Package!!!

First the **Sea Salt Body Glow** - Sea salt and essential oils are gently massaged on the body to remove dead skin

cells and reveal beautiful, glowing skin. Finish with a moisturizing body lotion.

And then:

**Beaute Neuve facial** - fruit acids and enzymes eliminate dead skin cells, revealing radiant skin. Lifting massage serum enriched with 56 cellular nourishing ingredients is applied; The facial is finished with the application of clarimask. It boosts the skin's radiant glow and lightens pigmentation spots due to active vitamin C.

And finally **Spa Pedicure - For only \$155.**

Two and a half hours of pure pleasure and beautification. Regular price \$195.

### Some of you might have already noticed...

...that we have expended our Jane Iredale makeup collection of lip care.

- **Puremoist** Lipstick SPF 18; made without chemical dyes, preservatives or animal products except for beeswax and carmine. If you wear lipstick every day, you will consume two tubes a year. That is a lot of product over a lifetime, particularly since most will contain chemical dyes and synthetic preservatives.

A Consumer's Dictionary of Cosmetic Ingredients has this to say about a widely used lipstick dye - FD&C Red No.40:

*Used widely in the cosmetic industry. Approved in 1971, Allied Chemicals has an exclusive patent on it. It is substituted for FD&C Red No.4 in many cosmetics, food, and drug products. Permanently listed in 1971 because, unlike the producers of "temporary" colors, this producer supplied reproductive data. However, many scientists feel that the safety of Red No.40 is far from established, particularly because all the tests were conducted by the manufacturer. Therefore, the dye should not have received a permanent safety rating. The National Cancer Institute reported that p-credine, a chemical used in preparation of Red No.40 was carcinogenic in animals.* Jane Iredale lipsticks have peppermint and vanilla to freshen your breath.

- **Puregloss** for lips; many lip products, especially glosses and balms, contain petroleum products. Petroleum interferes with the skin's natural moisturizing factor and causes lips to dry and chap. Jane Iredale glosses are in a base of organic vegetable oils with coconut, palm, and soy oils, which nourish and moisturize. They are formulated with tingly mint and ginger root extract to plump your lips.

- **Sugar&Butter.** This exfoliator and lip plumper duo restores moisture to dry, chapped lips for a smooth and moist finish. First, apply the exfoliator to gently lift away dead cells. Next, apply the lip plumper, which is formulated with peptides to hydrate the lips and stimulate collagen synthesis. The combination of cool mint and ginger soothes and revitalizes lips, leaving them with a luscious tint of pink.

- And finally our **Star Product : Lip Drink SPF 15.** This colorless lip balm is a drink for the lips. It contains no petroleum-derived products which dry out the lips. People who are regular

users of petroleum-based balms are on the continual drying circle - the more they use, the drier their lips become. Lip Drink is on a base of macadamia nut oil to which the active sunscreen ingredient of edible zinc oxide for UVB protection was added. Lip Drink also contains the anti-oxidants green tea extract, vitamin E and C. The flavour is a mixture of lemon and orange oils.

### Change of staff

Very soon we will be saying goodbye to our dear receptionist Fiona. We would like to thank Fiona very much for her help and support in the last 19 months. Fiona decided to explore the world and travel to Asia and Australia. Good luck, Fiona. We are also happy to welcome our new receptionist Samantha Scholefield.

### Your manicure doesn't last?

Great for sunny holidays or Christmas time when after all day of cooking you need to go for a Christmas Party having fabulous nails. We have a great solution. **New from OPI! Axxium Soak-off Gel Lacquer system!**

Polish on Axxium Soak-Off Gel Lacquer system like nail lacquer, and UV-cure for results that are nothing short of brilliant. Does not harm your natural nails.

**Colour lasts two weeks or more!** Just ask for it when booking your manicure.

### Stay Tuned...

If you received this newsletter from a friend, visit our Web site and subscribe on-line to get your own copy and don't miss out on valuable offers!

And, perhaps share your newsletter copy with friends. They will surely thank you for that, and you will get bonus points.

We hope to see you soon, and please always remember - if you are not sure what's best for you - we offer FREE skin consultation. So, book on-line, or call us now!

We wish everyone a sunny autumn.

- Grazyna, Rhonda, Irena and Samantha

