

# Spa Space

4510 Chatterton Way  
Victoria, (Broadmead)  
BC V8X 5H8 Canada

Tel.: (250) 479.3432

spa@spaspacevictoria.com  
www.spaspacevictoria.com

*Restore Your Grace  
At The Spa Space!*

## Spa News Flash #2 - September '06

### Fall is the right time to start Microdermabrasion

We are pleased to announce our new, high-tech service: Microdermabrasion. Several of our valued customers asked about this new and desirable service, and we listened.

A brand new, Next-Generation multi-thousand-dollar advanced DermaPod unit just arrived; we tested it, trained, and are ready to serve you!

This way the Spa Space again proves to be among the most advanced day spas in the area. We are the first in Greater Victoria who bought this expandable, amazing system from the known Silhouet-Tone. More details on our [Web site](#). You may consider this fine service to rapidly improve your skin quality.

Here are examples of some treatable conditions:

- reduction of hyperpigmentation ( age spots ) on hands and face
- reduction of minor to moderate fine lines
- revision of minor scars
- post-acne scarring and treatment of acne stretch marks
- oily skin with blemishes
- rejuvenation of skin's health

After only one treatment your skin feels soft and stimulated.

### Wilma Schumann is finally with us!

European science came up once again with powerful treatments for everyone's skin. Among Wilma Schumann products, we offer selected serums:

- Bovine and Marine Collagen will hydrate and attract moisture to the skin thus reducing trans-epidermal water loss. By replenishing skin's moisture it reduces the appearance of fine lines. Especially soothing after sun exposure. An excellent product to encourage wound healing.
- The Liposome is an eye contour gel to treat fine lines around the eyes and lips. This substance combats puffy eyes by using horse chestnut and ivy extract as anti-inflammatory ingredients. The Liposome can be used as a base for any other serum or cream, as it will help carry ingredients into the skin.
- Collagen Fibre Pads are to be used with conjunction with The Liposome. Drenched with collagen, they provide a mini-facelift to the treated area.
- O2 Oxygen Blu is designed as a moisturizer for normal skin and works very well on oily/acne-prone skin (even inflamed) because the oxygen contained in this product kills many germs and acne bacteria that is anaerobic (cannot survive in oxygen). O2 Oxy Blu may increase microcirculation thus enhancing oxygen delivery be red blood cells.
- DNA and DNA Plus repair and rebuilt the skin by nourishing skin cells. Excellent product to use after sun exposure and any kind of peeling. DNA is a substance that promotes skin cell health and growth.
- Glycolic is a perfect blend of Alpha&Beta Hydroxy Acids that helps the skin shed dead cells, promoting new skin cell production. Strongly recommended for people with acne.

### Change of Staff!

Unfortunately we have to say goodbye to our dear receptionist Bonnie who returns to Ottawa to continue her studies. We would like to thank Bonnie very much for her tremendous help and support in the first 3 months of our new business. (She helped to paint the walls too!!!). We are also very happy to welcome our new receptionist Chris Townsend with whom we had the pleasure of working a few years ago.

### We are happy to inform you that we have upgraded our manicure.

Now we start it with a gentle exfoliation of your hands using papaya enzymes. They make your hands feel very silky and fresh. The price of the manicure remains the same!

### 25<sup>th</sup> Anniversary of OPI.

The most popular professional nail polish line came up with the new collection for their 25<sup>th</sup> Birthday. 12 glamorous colors with extraordinary names are already at Spa Space. Still warm!!!

### We Like It Brown!

Most of us know that skin cancer and premature ageing are the long term results of sun exposure but we can't forget about the short term very damaging effects. Sunburns happen very often on those hot summer days when the skin becomes red, and very sore. The skin gets totally baked (dehydrated and dry) and it will peel off. If you feel that your skin got too much sun you can apply plain yogurt on the burned area, use cool packs or a compress with cool water and vinegar. The best thing to do though is not to let your skin to get to that condition. Let's watch the sun. Another short term condition of sun exposure is hyperpigmentation, meaning too much pigment. It can appear all of the sudden after many years off sun bathing.



## We Like It Brown! – continued...

Hyperpigmentation can be treated with microdermabrasion and whitening skin care products.

Sun tanning also causes breakdown of collagen and elastin. As a result very often after summer we notice more wrinkles and elastosis (lack of elasticity of the skin), leathery texture, roughness, chest wrinkling, broken capillaries, blotchiness and severe dehydration.

Please make sure that your skin is protected and that the water in your skin is replenished.

### But we like to look brown!!!

Self-tanning lotions and creams are more and more popular. Those products contain **dihydroxyacetone** (DHA), a chemical derived from sugar cane (or beets) that turns the skin brown. Although we are darker after the use of the self-tanning creams we still need to use sun-screen when going to the beach. These creams are also helpful if we want to keep the beautiful color of the summer. Simply apply weekly and your tan will last much longer than you think.

## Attractive Promotions...

...Are offered now by our spa, together with the famous Guinot Institute of Paris.

Valuable bonuses are in effect in our spa from mid-August until quantities last, and some other promotions are coming in October.

You can get double quantity on selected products, a stylish Guinot hand bag, and more.

Learn about these promotions on our site:

<http://spaspacevictoria.com/specials.html>

## Stay Tuned...

In next editions we plan to share with you more comments and opinions about new products and treatments, giving you also rare insights and not known secrets.

Subscribing to our news on-line, you will be also the first to know about our special promotions and offers, our new staff, and much more.

If you received this newsletter from a friend, visit our Web site [www.spaspacevictoria.com](http://www.spaspacevictoria.com) and subscribe on-line to get your own copy and don't miss on valuable offers!

We hope to see you soon, and please always remember – if you are not sure what's best for you – we offer FREE skin consultation. So, book on-line, or call Chris – our receptionist - now!

**We have been working hard** to create a space you would enjoy, and sincerely hope it meets your approval. So, spread the good news!

Tell your friends about the brand new Spa Space, and if you already belong to the exclusive group of our clients – tell them of your good experience. And, perhaps print this newsletter and share your copy with them. They will surely thank you for that. And – we will also do thank you!

In fact, when your friend will book an appointment and tell us that you recommended our services – we will promptly add one bonus point for each referral to your account (call for details), to say – thank you for your recommendation. Now, that's a real added value!

Thank you, and see you again soon!  
Grazyna, Rhonda, Bonnie and Chris